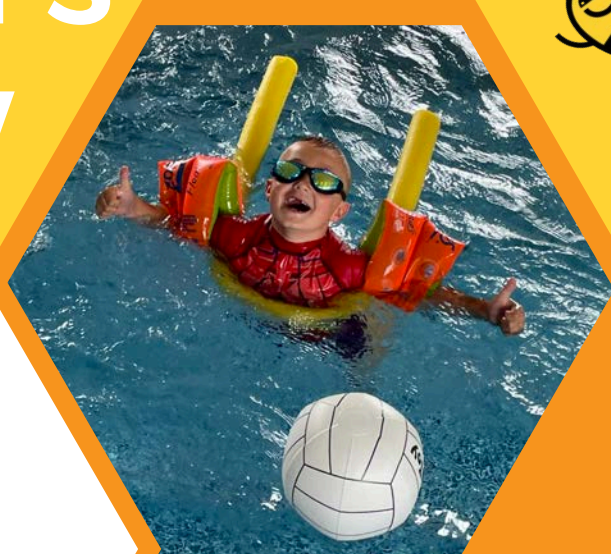


The Honey Pot Children's Charity



OUR IMPACT

2023
-
2024



The Honey Pot
Children's Charity

Charitable
Incorporated Organisation

England and Wales (No. 1184132)
Scotland (No. SC052213)

227 Shepherd's Bush Road
London
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www.honeypot.org.uk



Who are Honeypot?

We are the only charity in the UK that provides continuous support for young carers groups (aged 5-12). Our countryside respite breaks and our wrap round service give young carers, with responsibilities beyond their years, the opportunity to make happy memories and build brighter futures.

Our Values

- Every child deserves carefree childhood experiences, time to make friends and build happy memories.
- Early intervention support prevents long term problems that are harder to redress later in life.
- A commitment to working with other childcare organisations.
- New pathways are needed to reach and include isolated children in society.
- A long term, strategic approach to address the needs of young carers.
- Young carers have been hidden for too long. It is time for their challenges and need for support to be recognised



Our Objectives

- To embed Honeypot as a recognised and trusted National leader in Young Carer support.
- To deliver high-quality, impactful services that address the needs of young carers effectively, contribute to positive social outcomes, and advance our mission of building happy memories and brighter futures for our beneficiaries.
- To provide comprehensive early intervention and holistic support for young carers, aiming to significantly improve their educational outcomes, social integration, and emotional well-being.
- To actively identify and engage with the most hidden young carers across all community groups, ensuring they receive the necessary support and resources to thrive.

Our Services

We provide children with a comprehensive range of wrap-round services designed to support lasting change and address their immediate needs:

- Residential Respite Breaks
- Social Emotional Active Learning
- Digital Workshops
- Memory Making Days
- Pastoral Services
- Wellbeing Grants
- Healthy Eating and Nutrition Wellbeing Support Service
- Parent & Child Workshops



A Message from our CEO

Over the past year Honeypot has achieved remarkable successes. In pursuit of our strategic objective of greater breadth of support for young carers, Honeypot reached an all-time high, with 4,620 children receiving Honeypot's services over the past year.

These outstanding results were achieved against a backdrop of extremely challenging circumstances: double digit inflation; a cost-of-living crisis that impacted severely not just on Honeypot, but the whole charitable sector; the lingering scars of Covid lockdown still causing poor mental health and reduced wellbeing of a generation of children; and young carer families on a financial tightrope experiencing severe deprivation.

Honeypot continued its commitment to delivering a package of holistic wrap round services, which met the multiple needs of young carers. Our services reduced anxiety and stress, alleviated loneliness, and isolation, built confidence and self-esteem, and provided essential items no child should be without. Our multi service model delivered greater positive benefits to young carers than a single service or limited range of services.

Sincere thanks to each and every corporate, trust, major philanthropist, organisation, legator and individual who donated over the past year. The number of supporters topped several thousand.



Simmi Woodwal



www.honeypot.org.uk



[@honeypotchildrenscharity](https://www.instagram.com/honeypotchildrenscharity)



Our Breaks



In the last year we have provided..



respite breaks



children attended a respite break



delivery hours



nutritious meals served on our respite breaks

In addition to respite we have also provided S.E.A.L breaks

Social Emotional Active Learning (SEAL) breaks are aimed at fostering the social and emotional development of children. These breaks help children build essential skills such as self-awareness, emotional regulation, empathy, and effective communication, through a focused curriculum.

Using group discussions, and collaborative projects, children engage in activities that mirror real-life situations, and are empowered to practice problem-solving and conflict resolution in a supportive environment.



S.E.A.L breaks



children attended a S.E.A.L break



delivery hours



nutritious meals served on our respite breaks



Our Wrap Round Delivery



In the last year we have sent...

1936

our winter fun packs

2000

wellbeing activity packs

2141

birthday cards

Our wellbeing grants...

220

wellbeing grants provided

£51k

value of wellbeing grants



Giving young carers a day to remember...

26

memory making days

372

children attended a day to remember

Such as...

Pool parties

Activity parks

Theme parks

Zoos and parks



The Impact of our breaks...



99%

of children wanted to return to a break

96%

of children felt happier after a break

94%

of children felt a sense of achievement

97%

of children made a new friend and felt less isolated

What the children say:

“ I made new friends and visited new places ”

“ It is so fun I would stay forever ”

“ I got a break from all of the stress and it was fun ”

“ Really enjoyed, would recommend, liked all the employees! 11/10! ”

Our respite activities:

Den building and camp fires

Movie nights, games and quizzes

Arts and crafts

Cooking and baking

Day trips out

Swimming, trampolining and go-karting!

“For them to have the time and space to explore, form friendships, try new experiences and overall, just be children was what the day was all about.”

Young Carer Organisation



The Impacts of Our Wraparound Services



97%

improvement score in emotional wellbeing

What the children say:

90%

improvement in confidence reported by parents

90%

of children felt more confident returning to school



“Honeypot taught me how to collaborate with others”

“The break has refreshed my brain; I feel happy again”

“I've gained more resilience from spending the whole week”

Our wellbeing fund grants support young families to purchase items to help young carers overcome social isolation, achieve educational progress, or support their emotional wellbeing.



Some examples:

A new bed for a 12-year-old carer who helps to look after her mother.

"Thank you!! We really appreciate all of your help. She really does love her new bed! She said it's so comfortable and she had the best night's sleep in it!"

Parent of recipient

A new Tablet, case & headphones for a 9-year-old carer who helps to look after her sibling.

"This will allow her not only to relax and escape but also access her school homework and access young carer activities. She is delighted! Many thanks!"

Parent of recipient



Leah Rose's story



Leah is an 8 year old young carer, who along with her sister, cares for mother who is in a wheelchair

How Leah supports her mum and family:

Amongst other things, Leah helps at home with the laundry and washing up. She helps Mum put her shoes on and to get upstairs in the stairlift. Along with her sister, she brings Mum her medication, water and food.

How Honeypot supports Leah:

Leah has attended multiple respite breaks filled with trampolining, crafting, swimming and go karts

Each year Leah receives a birthday card and Winter fun pack from Honeypot to keep in touch

Leah has received a Wellbeing Grant for a bike which she can enjoy for years

Leah received our Wellbeing Wallets to support emotional wellbeing

Leah has attended our outreach online sessions in baking between breaks

"Leah came back from a break and she told me that night as I was tucking her into bed, she was proud to be my young carer!"

Leah's Mum



Learn more about Leah in our video:

