



Building Brighter Futures

For young carers aged 5-12

The Honeypot Children's Charity supports disadvantaged children aged 5-12 who are bearing the heavy load of caring for a parent or sibling, often single-handedly.

Many of these children, some as young as 5 years old, look after a loved one for over 30 hours a week. Their childhoods will look very different to their peers at school and the pressure of responsibility can affect their grades, social opportunities and the chance to make fond childhood memories.

Through an early-intervention Wrap-Round service, including Respite Breaks and a complementary support programme, we give young carers a break from their taxing responsibilities at home. We help them make happy childhood memories and build their belief that they can succeed in education and beyond.

Our services include:

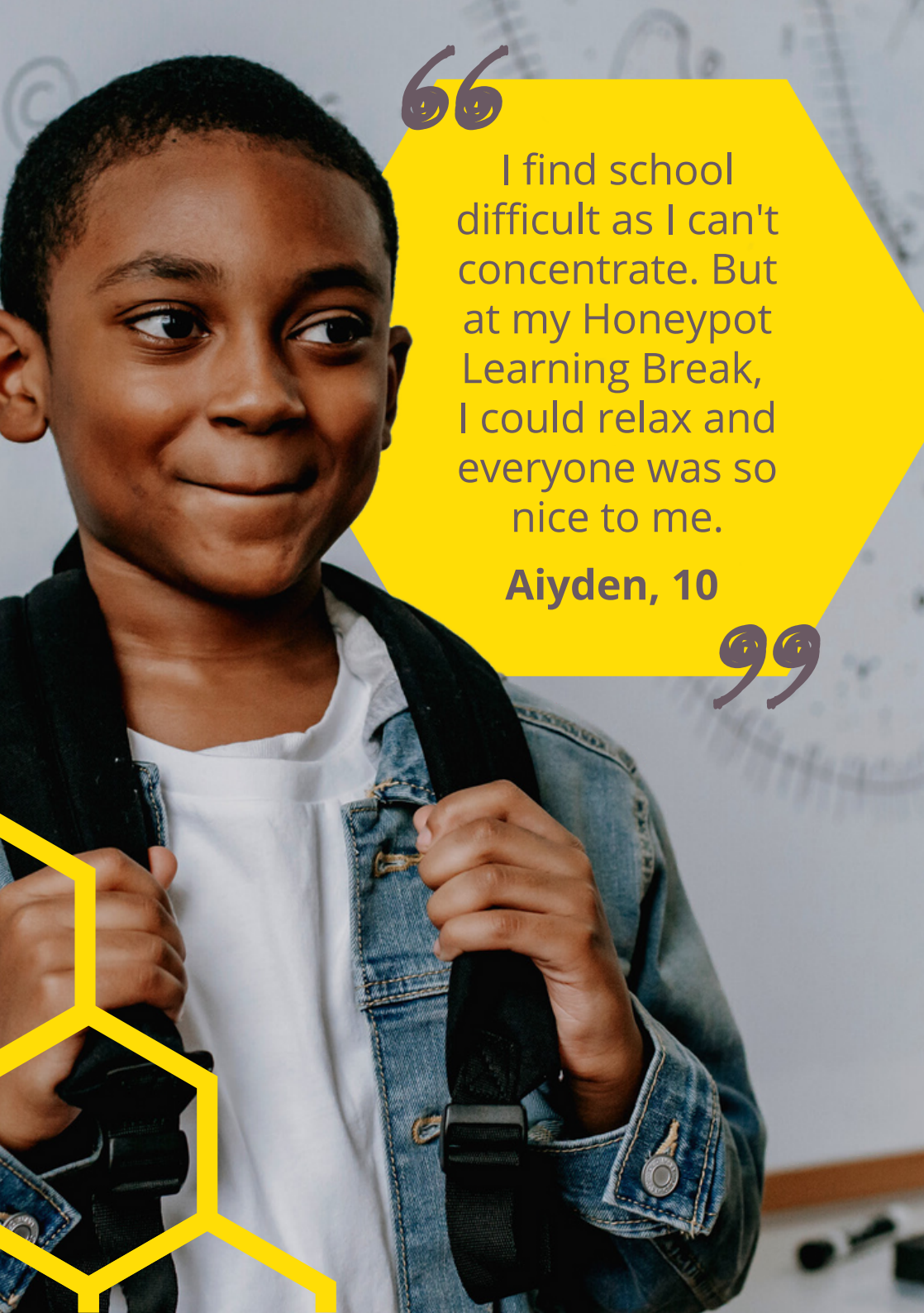
- Respite Breaks
- Educational Breaks (SEAL)
- Digital Outreach (after-school and weekend clubs)
- Face to face outreach (memory making days to a farm or the beach)
- Wellbeing Fund (grants for essential goods, including a New Nutrition Programme (workshops and food vouchers)

800,000
young carers
in the UK

1 in 3
struggle with
mental health
issues

9 GCSE
grades below
average compared
to peers

2,500
support places
we offer to young
carers across the
UK every year



“

I find school difficult as I can't concentrate. But at my HoneyPot Learning Break, I could relax and everyone was so nice to me.

Aiyden, 10

”



£10

could pay for birthday cards for five young carers



£50

could fund a memorable day out for a young carer



£425

could fund a three day Respite Break for a young carer

How you can get involved

As a charity, we rely entirely on generous donations from individuals, community groups, corporate partners, trusts and foundations to continue our life-changing work for young carers. We are always looking for new supporters and volunteers, and are excited to help you bring to life any fundraising idea you may have.

Here are a few ways to get involved. You can find more opportunities on our website.

- Support us or partner with us as a **school**
- Fundraise for us as a **community group**
- Become one of our **corporate partners**
- Support us as a **trust or foundation**
- Become a **patron** of our charity
- Dedicate your time or skills as a **volunteer**
- **Donate online** or become one of our important monthly givers

To find out more or speak to someone from our team, email: fundraising@honeypot.org.uk

To make a donation, please visit :

www.honeypot.org.uk/donate

“

Having that space and the opportunity to go outdoors whenever they want, this safe and nurturing environment, that alone is an amazing experience for them. Just being able to be carefree for a little while, because many of the children we refer are not. From a very young age, they have the world on their shoulders.

**Sally Bradbeer, Referral Lead at
Thornhill Primary School, Southampton**

”



“Honey
pot
makes me feel
like I belong
to something
bigger.”

Holly, 10

Holly was four years old when her brother was diagnosed with Leukaemia, and she does what she can to support him and her parents. Holly has been on two Respite Breaks with us, and regularly attends our online workshops.

“I like how HoneyPot can give you support when sometimes you need it the most. When my brother was ill with cancer, I felt like he got everything. I felt like I was invisible. But HoneyPot gives you this feeling that your brother or sister isn't the only person who matters.

It gives you a chance to be free, to stop worrying about things. I worry a lot and a break with HoneyPot makes me feel like I belong to something bigger.

I can remember the first day on my first break, I made new friends which I love making, and made new memories and I felt welcome there. Like I truly belong there.”

Contact us

We would love to hear from you. To find out more about our services, or how to refer a child, contact: families@honeypot.org.uk

For general enquiries: info@honeypot.org.uk

Where to find us

Honeypot Head Office (London)

26-28 Hammersmith Grove,
London,
W6 7BA
Tel: 020 7602 2631

Honeypot House (Hampshire)

Gatewood Hill, Exbury Rd
Blackfield, Southampton
SO45 1XH
Tel: 02380 890002

Honeypot Pen y Bryn (Wales)

Dolfor, Newtown
SY16 4AH
Tel: 01686 622773

Honeypot Dalleagles (Central Scotland)

The Old School Dalleagles
New Cumnock
East Ayrshire
KA18 4QX

www.honeypot.org.uk

Registered charity in England and Wales
(1184132) Scotland (SC052213)

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