

Case Studies



1 Mia

Mia helps her parents care for her two older brothers who have Duchennes, a life-limiting condition and ADHD. The space in the house is taken up by all the equipment to care for the boys. Mia's room was extremely small, she didn't have space for her. The Wellbeing Fund helped Mia's family buy a cabin bed so she has a space away from her responsibilities of being a young carer, allowing her to focus on her studies, relax and be a child. She ate her chilli dinner in her room the first night she was so happy!

<https://www.honeypot.org.uk/mia>



2 Micaela

Micaela helps her family care for her brother who is disabled and non-verbal. The majority of her family's time is taken up caring for her brother, Micaela didn't have the space to be a child! Despite being a shy individual, stage coach classes funded by the Wellbeing fund enabled Micaela to 'Come out of her Shell' and grow in confidence. Gabriela, Micaela's mum is so thankful to Honey Pot with something the family wouldn't have been able to afford otherwise.

<https://www.honeypot.org.uk/micaela>



3 Katie

Katie joined Honey Pot on a SEAL break, unaware she was a hidden young carer. She had a difficult upbringing, she felt where she lived was too scary to learn to ride a bike, her father had a serious illness and needed treatment regularly, Katie knew her address in full to call the ambulance. Due to this she wants to be a doctor to help cure her dad's illness.

<https://www.honeypot.org.uk/news/news/katies-story>



4 Kirstie

Kirstie helped care for her sister with cerebral palsy, autism and epilepsy growing up. Her parents struggled to find the time for her to do things 'normal children' get to do, go to birthday parties, friends houses. She joined Honey Pot on breaks up until she was 13 and had the opportunity to meet other young carers with similar responsibilities. She now works in the public service helping vulnerable people, she was inspired to "work a job helping people that are forgotten about in some way or looked down on, it's always stuck with me."

<https://www.honeypot.org.uk/news/1000thchild>